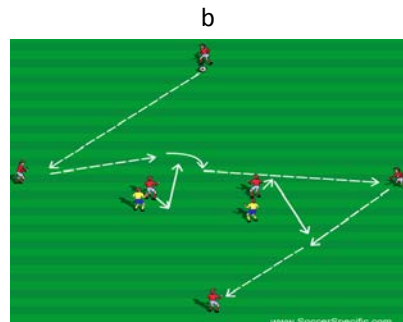
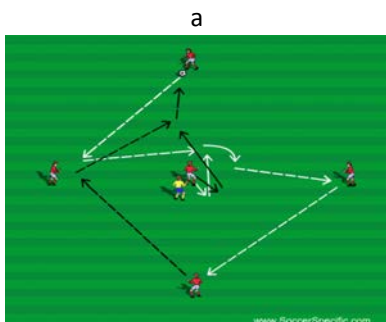


➤ **AIM:** make as many correct repetitions of isolated technical-tactical actions in a given time

➤ **ORGANIZATION:**

a) 3 players make a group that start vertically. Player A starts the exercise by passing to the player B that is opening diagonally forward and backward and follows with a pass in depth to player C. Players rotate positions after a certain time.

b) a passive defender is added to the exercise

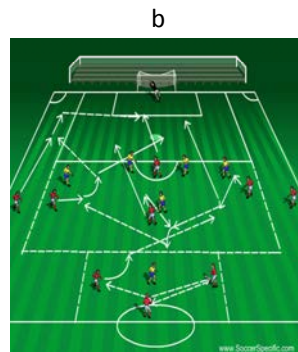
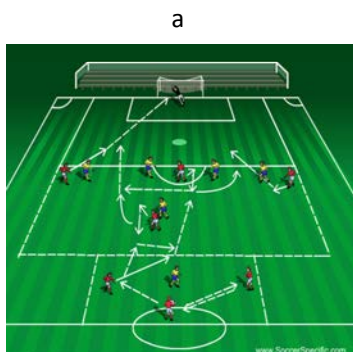


➤ **AIM:** to create a simulation of conditions of real situations that occur in a specific space with a specific number of players. The demand is to receive the ball towards depth.

➤ **ORGANIZATION**

a) 6 players form a group. Player A passes to B or C that give player D the time to create space for themselves diagonally forward or backwards versus a direct active opponent to create a good position to play the ball towards depth to player E.

b) 8 players form a group. Player A passes the ball to B or C that with the help of players D and E and their movements versus active opponents have to play the ball towards depth to player F.



➤ **AIM:** development of technical-tactical knowledge in function of receiving the ball towards depth and perfecting specific skills in communication, appropriate body position, creating space and timing.

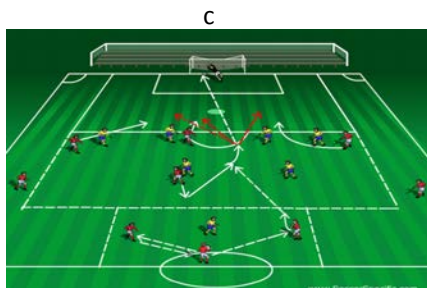
➤ **ORGANIZATION**

Tactical setup with a demand of receiving the ball towards depth when starting with the back to goal through central and wide channels.

a) 3 midfielder players ABC start by combining versus 1 active opponent and when possible they play towards player D who covered and under pressure plays a return pass to midfielder A that continues to cooperate with the center forward E. Player E plays a return pass to center midfielder D, which allows them to play the ball in depth towards forwards EF and G.

b) Three midfielder players ABC start by combining versus 1 active opponent and when possible they play the ball towards winger F who creates space for themselves and through center midfielder D switches the play to the weak side. Winger G receives the ball towards depth and dribbles the ball, allowing the wide player H to overlap and get a deep wide area that finishes with a cross.

c) Three midfielder players ABC start by combining versus 1 active opponent and when possible they play the ball towards the center forward D who with his movements creates spaces for themselves to receive the ball towards depth and an opportunity to shoot or play a ball in depth towards forwards EFG.



➤ **AIM** of the activity is to prepare the team in a tactical setup with a demand to passing and receiving the ball towards depth in real game conditions

➤ **ORGANIZATION**

- 2 teams in 9v9 + goalkeepers
- Dimensions: 60m x width of the pitch. The space is divided into 3 equal thirds.
- All the players in both teams can develop the previously practiced demands of receiving and passing towards depth. Each team can play with 2 touches in the defensive third and unlimited touches in the attacking third. In the middle third the demand is to create space, receive with a turn towards depth, unless under pressure by an opponent (then a return pass has to be played)