



# Trends in modern football

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2014 FIFA World Cup Brazil™



## Trends in modern football

(FIFA World Cup, European Championship and UEFA Champions League)





## 2014 FIFA World Cup Brazil™

1. Attacking football “taking risks”
2. The magic moment
3. Players today
4. The importance of full-backs and holding midfielders
5. Germany
6. Training implications
7. Conclusion

# 1. Attacking football

- Stats: 2.67 (FWC 2014) v. 2.90 (UCL 2013/2014)
- Taking risks
- Losing shape without losing balance (4, 5 or 6 players involved in the attack)
- Ability to keep **high tempo** within **repeated offensive movements**
- Intensity and acceleration
- Go for goals, go forward
- **Possession ends by a shot at goal or a recovery of the ball**



VIDEO



## 2. The magic moment

- Transitions: offensive and defensive
  - 1 goal out of 4 in the run of play came from quick transition
- **Defend to attack**
- Get the shape back quicker than the opposition



### 3. Players today

- High level of **technique combined to speed**
- Emotional control (concentration, composure)
- Acceleration
- **AGGRESSIVE** (controlled aggressiveness)



## 4. The importance of full-backs, holding midfielders & goalkeepers

- The modern **full-back**
- Role of the **holding midfielder**
- The importance of the quality of modern **goalkeeping**





## 5. Germany

Combination of the modern trends

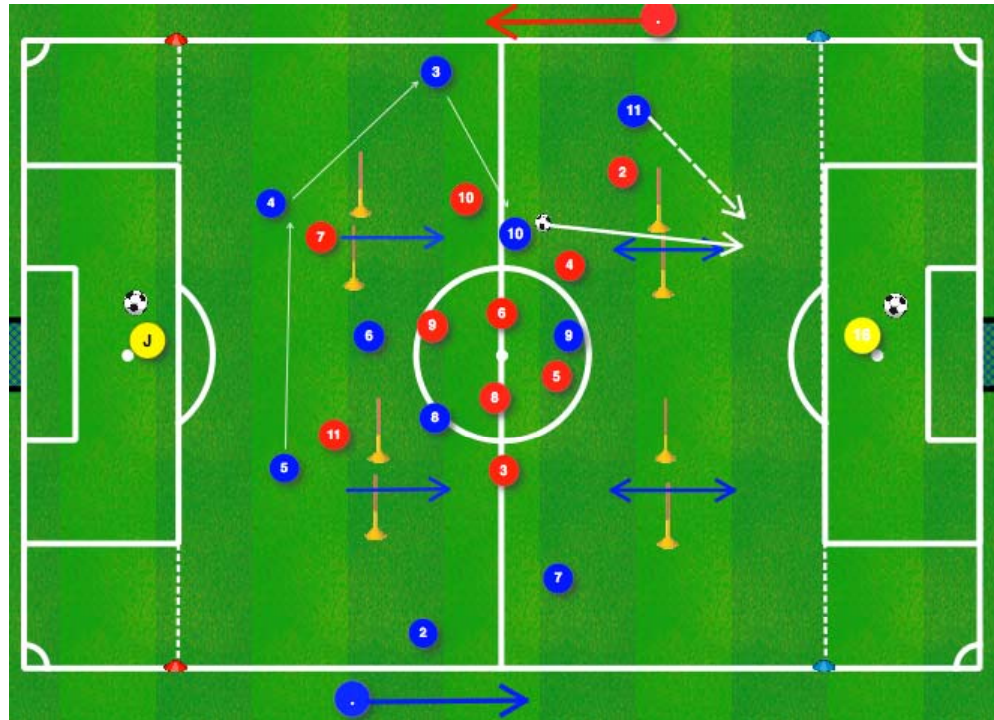
- Ball possession
- Transitions
- Aggressiveness
- Efficiency





## 6. Training implications

- Games in **continuity** with a lot of intense sequences
  - Intensity
  - Concentration
  - Anticipation
  - Action and reaction







## 6. Training implications

- Combined training
  - Mental and physical aspects
  - Intensity within a flow of sequences
- Defend and adapt in unforeseen situations (4 v. 6)





## 7. Conclusion

- Key factors in the modern game:
  - Taking risks without losing the balance
  - Intensity and determination
  - Tactical adaptability
  - Emotional control

The modern game is about  
...taking risks, sometimes losing the shape  
without losing the balance  
...intensity, tempo and physical commitment

**Thank you for your attention**